

## ASCIA Action Plans for Anaphylaxis 2025

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### ASCIA Action Plans for Anaphylaxis are emergency response plans for severe allergic reactions (anaphylaxis):

- These plans are medical documents that are completed and signed by the treating doctor or nurse practitioner.
- The plans are available at [www.allergy.org.au/hp/anaphylaxis/ascia-action-plan-for-anaphylaxis](http://www.allergy.org.au/hp/anaphylaxis/ascia-action-plan-for-anaphylaxis)
- The treating doctor or nurse practitioner can type in patient details, insert a digital photograph and signature, or a physical photograph can be glued to the plan, with a wet or digital signature.
- ASCIA Action Plans do NOT need to be stamped - a signature is sufficient.
- ASCIA Action Plans do not expire, and therefore the plan is still valid beyond the recommended review date, which is a guide for patients to see their doctor or nurse practitioner.
- Prior versions (2023) are still valid for use in 2024 and 2025.
- Where possible it is preferable to provide ASCIA plans in colour, but black and white plans are valid.
- For more information visit [www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reactions-faq](http://www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reactions-faq)
- These plans are not for allergic rhinitis (hay fever) due to inhaled allergens (pollen, dust mite, animals).

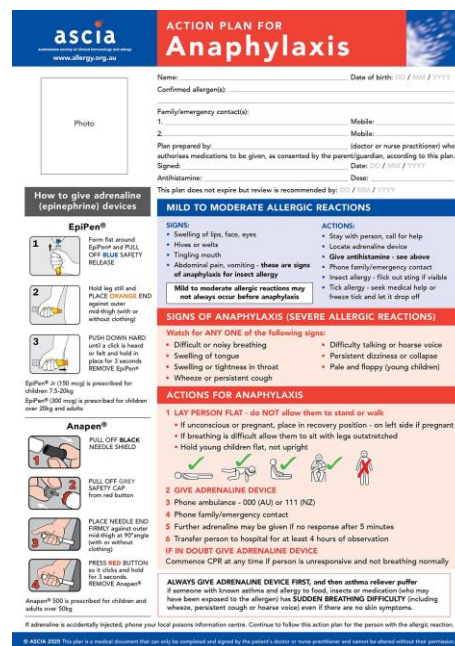
ASCIA has developed 2025 versions of red **ASCIA Action Plans for Anaphylaxis** in response to recent and future changes in adrenaline (epinephrine) devices:

- Anapen® 150 and Anapen® 300 are no longer available in Australia, so only Anapen® 500 is listed on the general and Anapen® specific versions of ASCIA Action and First Aid Plans, from 2025 onwards.
- The word “injector” has been replaced with “device”.

All ASCIA anaphylaxis resources will be updated in 2025 with the changes noted above, including ASCIA anaphylaxis e-training courses and device specific plans for EpiPen® and Anapen®.

The changes listed above have also been made to the:

- Orange ASCIA First Aid Plans for Anaphylaxis
- Green ASCIA Action Plan for Allergic Reactions
- Dark green ASCIA Action Plan for Drug (Medication) Allergy



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For more information go to [www.allergy.org.au/patients/about-allergy](http://www.allergy.org.au/patients/about-allergy)

To support allergy and immunology research go to [www.allergyimmunology.org.au/donate](http://www.allergyimmunology.org.au/donate)